

May your thoughts be as glad
as the shamrocks.

May your heart be as light as a
song.

May each day bring you bright,
happy hours that stay with you
all the year long.



Monthly Idea:

6 tablespoons margarine (works
much better than butter for this
recipe)

16 ounces mini marshmallows

12 cups Fruit Loops

Melt margarine in a large pot
over medium heat. Add marshmal-
low and stir until melted and
smooth. Remove from heat. Add
Fruit Loops and stir until evenly
coated with marshmallow. Press
into pan using greased parchment
paper. Chill until
set. Cut into yummy
bars.



Parkland Crisis Center & Woman's Shelter
PO Box 651
Dauphin, Manitoba R7N 2V4
Local Crisis Line: 204.638.9484
Toll Free Line: 1.877.977.0007
Executive Director: 204.622.4620
Business Line: 204.622.4626
Fax: 204.622.4625
www.parklandcrisiscenter.ca



The Parkland Crisis Center & Woman's Shelter is a
non-profit organization that benefits from
community support.



Parkland Crisis Center Services:

- * **24 Hour toll-free crisis line**
- * **Short term Emergency Shelter for abused women and their children**
- * **Support Groups**
- * **Crisis Counselling**
- * **Child & Youth Programs**
- * **Referrals to medical, legal and social services agencies**
- * **Follow up services**
- * **Public Education to schools or other community agencies**
- * **Protection Order Designates available.**



PARKLAND CRISIS CENTER

March 2016 Newsletter

**HERE'S
TO STRONG WOMEN.
MAY WE KNOW THEM.
MAY WE BE THEM.
MAY WE RAISE THEM.**

**Local Crisis Line: 204.638.9484
Toll Free Line: 1.877.977.0007**



March 2016 Activities and Workshops



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fire Safety	2	3	4	5
6	7	8 Parenting	9	10	11	12
13	14	15 St. Patrick Day Activities	16	17 St. Patrick's Day	18	19
20	21	22 Easter Egg Decorating	23	24	25 Good Friday	26
27 Easter	28 Easter Monday	29 Faceless Dolls	30	31		

Did you know?

March 8th is International Women's Day!

This day is recognized globally as a call for men and women to join forces in reaching gender equality. Worldwide, women continue to contribute to social, economic, cultural and political achievement. Gender equality would mean women would have the same rights as men, be paid the same wages, be treated with respect, and have protection against violence.

Everyone can do their part to move towards equality for all people!

On March 8th, take time to thank the women in your life for all of the amazing things that they do!



Kids Corner



DORA'S SPOT THE DIFFERENCES

Dora has a challenge for little explorers: find and circle the 6 differences between these two pictures. ¡Vamonos!



**DO SOMETHING
TODAY THAT
YOUR FUTURE
SELF WILL
THANK YOU FOR.**

